

# Liven Up Your Learning

Create your own practical strategies to approach learning - when, how, where, and with whom you study.

## Study Rhythms- "When I study"

At which time of the day do I study best? Circle the time period that works best for me. Write down 3 specific times within my schedule that I can block out for just studying.

I study best in the:

Early Morning

Late Morning

Early Afternoon

Late Afternoon

Early Evening

Late Evening

3 specific times I will use for studying:

Day of Week	Time

## Study Paths- "How I study"

Under each column, circle a strategy that I specifically plan to use:

**Reading:**

Narrowing

Highlighting

Annotating

**Writing:**

Flashcards

PowerPoint

Cheat Sheet

Review Guide

**Speaking:**

Tutoring & Study Groups

Office Hours

By Yourself

Teach a Friend

**Quizzing:**

Ask Friends

Practice Problems

Use Flashcards

Quizlet

## Study Allies- "Who I study with"

2 peers and 2 mentors I plan to study with:

**Peers:**

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**Mentors:**

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## Study Spaces- "Where I study"

Answer the following questions:

1. What features in a study space are most important to me?
2. Name 2 indoor and 2 outdoor study spaces I plan to utilize: