TILT | Academic Success Workshops

**Mon - Aug 27 | Thurs - Aug 30**
**College Basics**

**Mon - Sept 10 | Thurs - Sept 13**
**Secrets of a Successful Student**

**Mon - Sept 17 | Thurs - Sept 20**
**Speed Reading**

**Mon - Sept 24 | Thurs - Sept 27**
**Mid-Term Study Strategies**

**Mon - Oct 1 | Thurs - Oct 4**
**Academic Integrity**

**Mon - Oct 8 | Thurs - Oct 11**
**Academic Recovery**

**Wed - Aug 29**
**A Full Life: Pathways to Well-Being**

**Wed - Sept 5**
**Physical Self-Care Workshop**

**Wed - Sept 12**
**Test Anxiety**

**Wed - Sept 19**
**The Stress Less Program**

**Wed - Sept 3 | Thurs - Sept 6**
**Apps for School**

**Wed - Oct 3 | Sponsored by SLiCE**
**Boosting Belonging**

**Wed - Oct 10**
**Creative Chill-Out**

**Presented by CSU Health Network**

**Wed - Sept 26**
**Rams Fail Forward**

**Mon - Oct 8 | Thurs - Oct 11**
**Academic Integrity**

**Mon - Oct 1 | Thurs - Oct 4**
**Mid-Term Study Strategies**

More Information and Workshop Descriptions at tilt.colostate.edu/learning/success-workshops